

CURRICULUM SAMPLE

Now with
 **brightwheel**

RESEARCH-BASED AND STATE ALIGNED



Fun with Friends, Family & Feelings

WHAT'S INCLUDED?

Two days of play-based literacy, math, art, music, movement & more

LESSON 1

Friends & Family



Circle Time

Greeting Song

Weather

Calendar

Discussion

- Show the Conversation Poster and ask, "What do you notice about the children on the poster?"
- Observe that the children are playing together. Show a ball and ask, "How can we all play with this ball if there is only one?" Brainstorm ideas to be inclusive, then try the children's ideas.

COMMUNITY CHALLENGE

Unique Prints

SED 4 Social Relationships SS 1 Culture & Community

SUPPLIES

YOUR SUPPLIES

- Inkpad (or paint)
- Large sheet of paper
- Markers

Set Up

- At the top of the paper, write "We Are All Special and Unique."

Do Together

- Invite the children to look closely at their fingertips. Ask, "What do you notice about your fingertips? What designs do you see?"
- Explain that no two people have the same fingerprints.
- Set out the paper on the floor (or tape it to a wall). Model how to press your pointer finger on the ink pad (or in the paint), then press it onto the paper.
- Invite the children to take turns making a fingerprint on the paper.

This activity helps children build self-awareness by identifying and comparing physical attributes.



SMALL GROUP LITERACY

F Is for Friends

LLD 4 Alphabetic Knowledge SED 4 Social Relationships MR 7 Logic & Reasoning

SUPPLIES

- Tangrams
- Loose Letter Parts
- Loose Letter Mat: Ff

YOUR SUPPLIES

- Blocks

Discuss & Explore

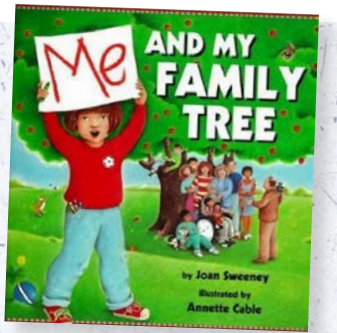
- What can you build with the tangrams and letter parts?
- Can you make a person or face? Invite the children to show and tell about their designs.

Play Together

- Set out the Loose Letter Mat and the Loose Letter Parts on the floor.
- Invite one child to use the pieces to build the letter F. Turn over the mat and repeat steps with lowercase f.
- Put the Loose Letter Mat on the floor and give directions, e.g., build a wall around the letter F or jump over the letter F.
- **Simplify:** Model each prompt, then encourage the child to copy you.
- **Challenge:** Give a two-step direction, such as "Jump over the letter F, then touch your toes."

OBSERVE: Does the child follow each prompt? Do they complete each prompt?

SUGGESTED STORY



Me and My Family Tree

by Joan Sweeney

LLD 6 Reading Comprehension SS 1 Culture & Community

- Show the cover and invite the children to discuss what they see. Discuss the different names given to family members: mom, brother, aunt, grandpa and cousin.
- Read the story and encourage the children to name someone in their family. Talk about family roles.

A

For children who are nonverbal or have other communication challenges, see "A Note About Adaptations" on page 10



CREATIVE CORNER

★ Friend Puppets

LLD 2 Communication SED 4 Social Relationships CA 3 Visual Arts

SUPPLIES

FOR EACH CHILD

- Feathers
- Cardboard puppets
- Colored paper
- Wiggle eyes (4)

YOUR SUPPLIES

- Glue
- Scissors
- Markers

Discuss

- How do you feel when you see a friend?

Make

- Invite the child to create one puppet that looks like themselves and one that looks like a friend.
- Cut out clothing from paper and attach it to the puppets.
- Glue on feathers for hair and draw or attach eyes. Decorate with markers.

Play

- Encourage the children to use the puppets to practice saying 'hello' and 'goodbye' to one another. What other conversations do the children have with their puppets?

OBSERVE: How many words does the child use when playing with the puppets? How many exchanges do they create between the puppets?

TABLE TOP MATH

Building My Family

SED 3 Attention & Persistence MR 2 Spatial Awareness MR 3 Shapes

SUPPLIES

- Design Mats
- Tangrams

YOUR SUPPLIES

- Crayons or colored pencils
- Paper
- Scissors

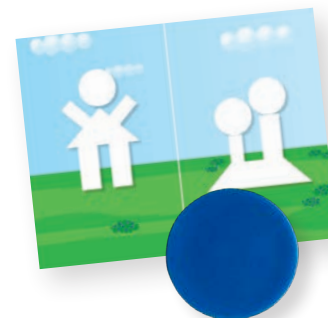
Set Up

- Cut apart the Design Mats. Put mats, tangrams, paper and crayons on the table.

Independent Play

- Invite the child to choose a mat and arrange the tangrams to fit on top of that design. To increase the challenge, build designs off of the mat.
- Create unique designs by arranging the tangrams on paper. Trace around the design and rebuild later.

OBSERVE: Does the child flip or rotate the tangrams to create a design? Do they recognize when a piece needs to change its orientation?



Closing Time

Reflection

- What did you do today that you want to tell your family?

MUSIC AND MOVEMENT

You Gotta Love Your Family

PD 1 Gross Motor CA 2 Dance & Movement

- Play "My Family," track 1 on the *Dancing with My Family* album.
- Invite the children to freely dance to the music and listen for the word "family." When they hear it, encourage them to jump up and reach arms high.



Scan here for digital access to this track

LESSON 2

My Feelings



Circle Time

Greeting Song

Weather

Calendar

Discussion

- Show the Conversation Poster and ask, "When do you feel happy?"
- Invite the children to look in a mirror and explore different ways to make a smile (small smile, big smile, with and without teeth).

COMMUNITY CHALLENGE

I'm Mad

SED 1 Self-Awareness PD 1 Gross Motor

SUPPLIES

YOUR SUPPLIES

- Blocks
- Something soft to squeeze (optional)

Do Together

- Brainstorm situations where the children might feel mad.
- Set out blocks and invite the children to build a tower.
- Prompt another child to bump into the tower and knock it down. Ask, "Instead of being unkind, what is something we could say to someone who has upset us?"
- Practice kind word exchanges such as, "I'm sorry. Can I help build it again?"
- Practice coping techniques such as breathing exercises or squeezing something soft.

A

For children with restricted motor or physical challenges, see "A Note About Adaptations" on page 10

This activity builds coping skills by identifying an emotion, then practicing how to respond.

STEAM STATION BLOCKS



SEE PAGE 10 FOR DETAILS

SMALL GROUP MATH

★ Feelings Bingo

MR 6 Classification SED 2 Self-Regulation

SUPPLIES

- Bingo Playing Mats
- Spinner & Card

YOUR SUPPLIES

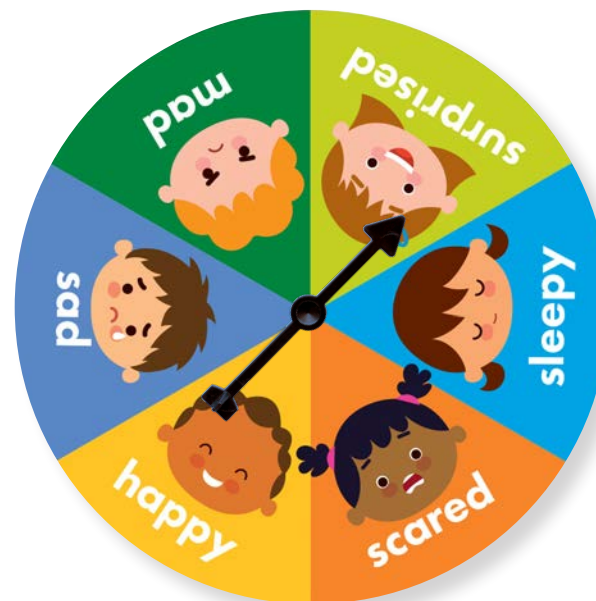
- Scraps of paper
- Basket

Discuss & Explore

- Why do our emotions change?

Play Together

- Put the spinner on one side of the room and one bingo Playing Mat on the opposite side.
- Invite one child to hold a scrap of paper and spin a feeling. Everyone walks across the room pretending to feel that feeling.
- Ask the child to put the paper scrap on the matching face on the Playing Mat.
- If it doesn't exist, the child puts the paper scrap in a basket. Run back to the spinner and the next child takes their turn.
- **Simplify:** Play a traditional bingo game with one mat for the group.
- **Challenge:** Play a traditional bingo game with multiple mats.



OBSERVE: Does the child recognize if the matching picture is or isn't on the Playing Mat? Do they find the match on their own?

SUGGESTED STORY



A Bear Hug for Bunny

by Leslie Falconer

LLD 6 Reading Comprehension
SED 4 Social Relationships

- Show the cover of the Forest Friends book and read its title aloud. Ask, "How can you be kind to a friend?"
- Give each child a Story Piece to hold. Read the story and invite the children to hold up the characters when they are speaking.
- Afterward, talk about how Bunny is kind to Bear. If desired, use the Story Pieces to retell the story.

CREATIVE CORNER

Picasso Painting

SED 1 Self-Awareness CA 3 Visual Arts PD 2 Fine Motor

SUPPLIES

- Inspiration Photo

FOR EACH CHILD

- Collage shapes
- Sticker eyes
- Background paper

YOUR SUPPLIES

- Mirrors
- Glue

Set Up

- Look at the Inspiration Photo and encourage the children to take turns naming the facial features and shapes.

Play Together

- Invite the children to explore looking at their reflections in a mirror. Ask, "Who is that? What parts of your face can you name?" Can you make a face with shapes?"
- Help the children dot glue onto the collage shapes and stick them to the paper wherever desired. Add sticker eyes to the finished collage.

OBSERVE: Does the child express interest in doing familiar tasks by themselves and express confidence in their own abilities? Do they make choices throughout the artistic process?

Invitation to create



TABLE TOP LITERACY

Help Letter H

LLD 7 Writing PD 2 Fine Motor



SUPPLIES

- Loose Letter Parts
- Loose Letter Mat: Hh

YOUR SUPPLIES

- Tray of sand

Discuss & Explore

- How might you move if you were sad? Happy? Take turns demonstrating.

Play Together

- Spread the Letter Parts around the table and pretend to be sad that Letter H is broken. Invite the children to move in a sad way to pick up the parts.
- Work together to build as many letter Hs as possible on (or off) the Mat.
- After building, invite them to do a happy dance, then write the letter H with their finger in a tray of sand.



OBSERVE: Does the child build the letter H with the Loose Letter Parts? Do they build it without the mat?

Closing Time

Reflection

- Who did you play with today? What did you do together?

MUSIC AND MOVEMENT

Dance & Play

SED 1 Self-Awareness CA 2 Dance & Movement

- Play "Happy Dance" (instrumental) track 13 on the *Dancing Your Feelings* album.
- Invite the children to listen to the music and make up their own happy dance. Encourage them to be creative and try to move each part of their body.
- Take turns watching each child's happy dance and clap.



Scan here for digital access to this track

Set up your environment to encourage children to test out new ideas through free-play. Set up these stations at the beginning of the week and leave them open every day for continuous, repeated play.



Scan here for supplemental STEAM materials

SAMPLE

SENSORY

Making Faces

SED 1 Self-Awareness SED 2 Self-Regulation SS 1 Culture & Community

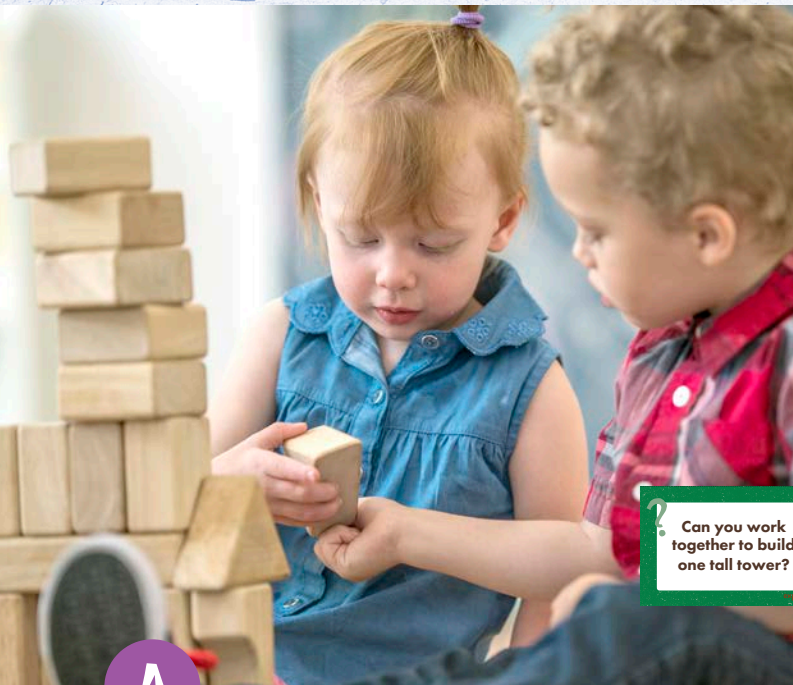
Set Up

- Set out playdough and straws, wiggle eyes, pipecleaners, beads and other decorative items. Invite the children to build a face.

Big Questions

- What features make up your face? How do they look when you are feeling different emotions?
- Do all faces look the same? How are they different? How can you tell how someone else is feeling?
- Can you tell me more about how you feel today?

How many different faces can you make?



BLOCKS

Cooperative Construction

MR 7 Logic & Reasoning SED 4 Social Relationships

Set Up

- Tape different colors of paper at different heights on the wall. Insert the same color paper into the Pocket Cube. Set out a basket of blocks. The children roll the cube, then work together to build a tower up to the matching color of paper.

Big Questions

- How did you help build the tower?
- How did you help others participate in the building?
- What was hard about building the tall tower?
- What color do you hope to roll next?

Can you work together to build one tall tower?

A

A NOTE ABOUT ADAPTATIONS

All children deserve to grow and learn to their fullest potential. Experience Preschool is a flexible curriculum that exposes children to rich experiences where they can learn in their own way within the context of play and everyday interactions. Use the suggested adaptations to support children according to their needs while implementing the Experience Preschool lesson plans.

For children who are nonverbal or have communication challenges:

- Offer visuals for the child to point at in response to the discussion prompt.
- Invite the child to whisper their idea to an adult or to a friend.
- Offer other ways to communicate responses, such as giving a thumbs up or clapping their hands.

For children with restricted motor or physical challenges:

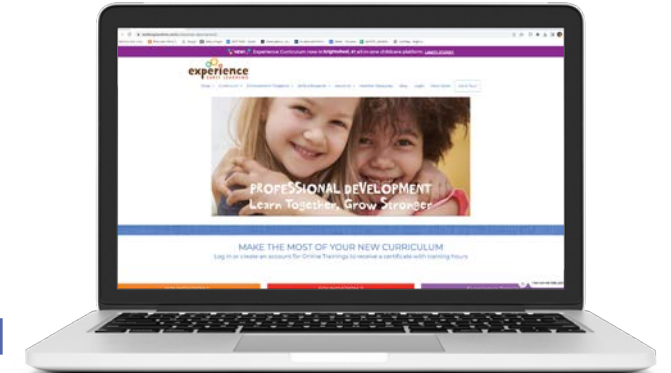
- Encourage the child to move in any way their body is able.
- Offer an instrument to play instead of moving.

These address activities detailed in this sample. Each Teacher Guide contains a full Adaptations list.

Implementation Made Easier

Experience Curriculum is now in brightwheel

You can now experience your curriculum in brightwheel, the #1 child care platform! Access your lessons, track each child's progress and communicate with families easily with your complete education companion.



brightwheel



Free Curriculum Implementation Training

Our training platform offers free, on-demand implementation courses for Experience Baby, Experience Toddler and Experience Preschool. During each training, educators will learn what's included in the kit, how to plan and prep for the week, how to implement it into your daily routine, how to assess and how to engage families.

Get started today!

Scan one of the QR codes below or go to our website for more details.

Schedule a time to **learn more**



Check out this year's **Scope & Sequence**



Learn more about **brightwheel**



What's Included?

Wondering what comes in the box? For each lesson day, Experience Preschool provides you with exclusive tools to implement our curriculum. Here's a breakdown of what you'd receive with these sample days:

LESSON 1: Friends & Family

Conversation Poster: Friends & Family

Friends Puppets art supplies:

Feathers

Cardboard puppet sticks

Clothing coloring sheet

Wiggle eyes

Tangrams

Loose Letter Parts

Loose Letter Mat: Ff

Shape Design Mats

Dancing with My Family streaming album

LESSON 2: My Feelings

Conversation Poster: My Feelings

Picasso Painting art supplies:

Inspiration Photo

Collage shapes

Sticker eyes

Background paper

Bingo Playing Mats

Bingo Spinner

Loose Letter Mat: Hh

Forest Friends book: *A Bear Hug for Bunny*

Dancing Your Feelings streaming album



Curious about what an entire month includes?

Scan the QR code to see us unbox a month of curriculum.